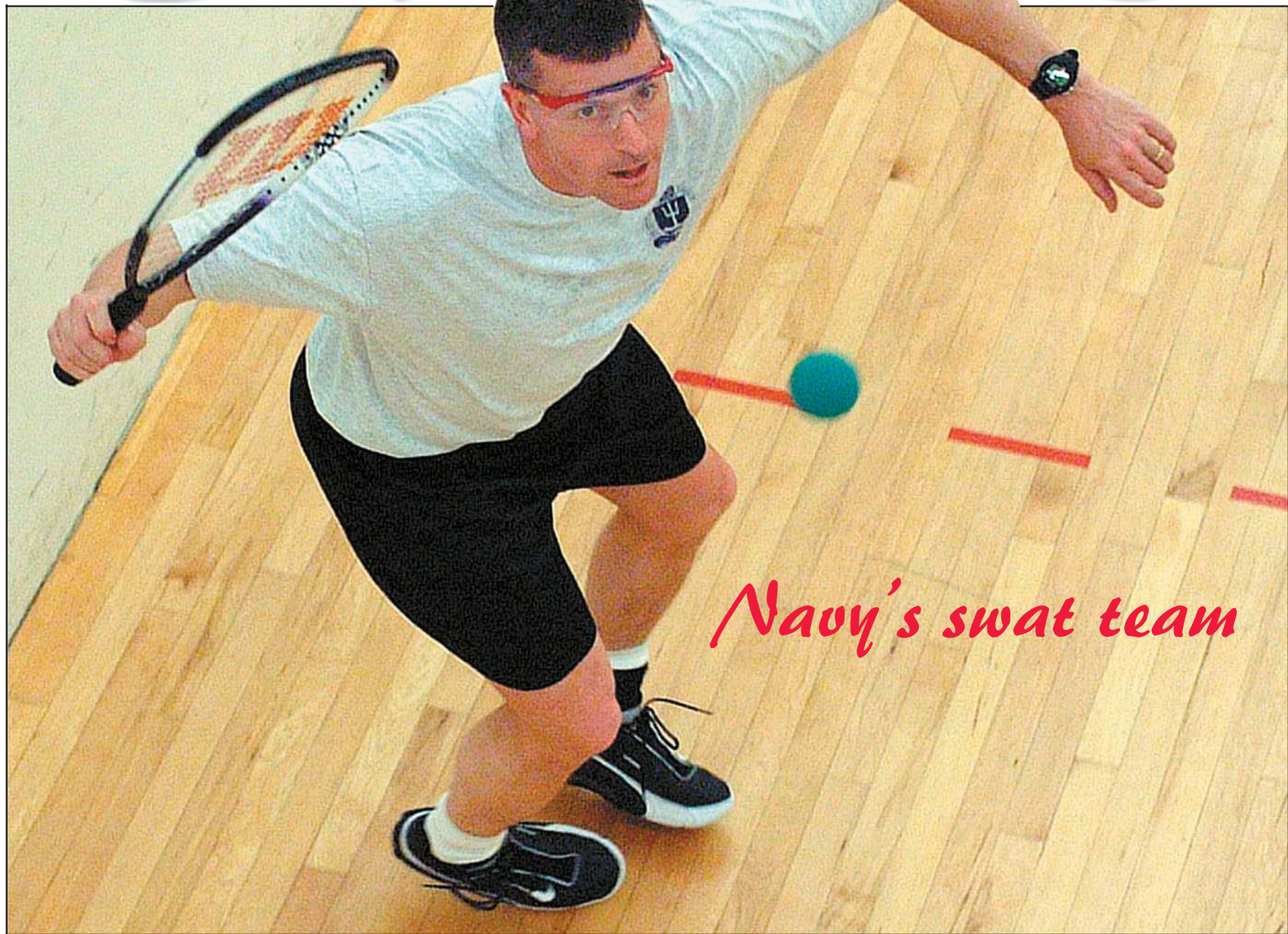


Navalog

VOL. 102 NO. 16 APRIL 19, 2002



PHC (AW) Jon Hockersmith/U.S. Navy photo
Army Lt. Col. Sam Johnson, playing for the College of Naval Warfare at the Naval War College, Newport, R.I., returns a serve during his racquetball match at the Jim Thorpe Sports Days at the Army War College, Carlisle Barracks, Pa., last week. More pictures, story, Pages 8-9.



Students look at government

Lt. Gov. Charles Fogarty addresses Little Rhody Boys and Girls State.

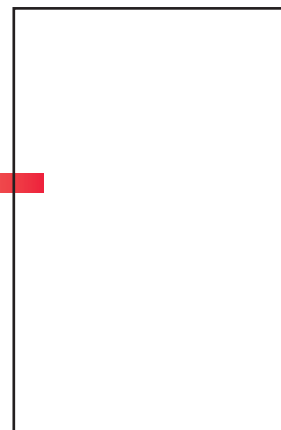
—Page 2



Centennial Ball hails destroyers

Destroyer Centennial Ball in May celebrates the 'greyhounds of the fleet.'

—Page 2





Ron Fontaine/U.S. Navy photo

MESSAGE FROM EXECUTIVE BRANCH — Rhode Island Lt. Gov. Charles Fogarty addresses some 60 members of the Little Rhody Boys and Girls State program in Perry Hall Auditorium last Monday. The high school students are spending the week at Naval Station Newport.

Teens explore government in Boys and Girls State here

By KATE WHIDDEN
Navalog contributor

About 60 high school students gave up their spring vacations this week to get an inside look at Rhode Island government as experienced by some of the state's top political leaders.

Naval Station (NAVSTA) Newport was host to the 2002 Little Rhody Boys and Girls State program that began last Monday.

Cmdr. Jim Cunha, Executive Officer of NAVSTA, welcomed the 16 to 18-year-olds from across Rhode Island to an assembly in Perry Hall Auditorium.

The program is sponsored by the American Legion and American Legion Women's Auxiliary organization in Rhode Island. It is a leadership action program involving mostly qualified high school juniors who develop a working knowledge of the structure of government and American democracy.

Scheduled speakers represented the U.S. Attorney, U.S. senators and congressmen from Rhode Island, the General Treasurer, city mayoral offices, the Secretary of State, the R.I. Attorney General, the FBI and State Police. The program included a trip Thursday morning to the State House in Providence.

U.S. Rep. Patrick Kennedy, D-R.I., is expected to be the final speaker today.

On Monday Lt. Gov. Charles Fogarty said he sits on numerous R.I. committees, as well as treasurer of the National Conference of Lieutenant Governors (NCLG).

Fogarty said it's his responsibility to step

up and become governor if something were to happen to Gov. Lincoln Almond. He must be aware of all current state issues in case of an emergency, and be ready to lead the executive branch.

Many students asked how Rhode Island changed after the Sept. 11 terrorist attacks. Fogarty said the Emergency Management Advisory Council has worked, and is still working, on ways to protect the people of Rhode Island in any emergency including terrorist attacks.

He attended Exercise HOPE (Homeland Operational Planning Exercise) at the Naval War College last month, which brought together more than 400 local, state and federal disaster and emergency response personnel.

Jim Converse, Director of Little Rhody Boys and Girls State, said it is important that young men and women get a chance to see how the government runs.

"It is one thing to read in school about government, but a completely different thing to hear about it directly," he said.

Junior Matthew Stephenson-Donley from Mt. Hope High School said he signed up for the program because he was uninformed about politics, and was interested in learning more. His Boy Scout troop leader recommended the program to him.

Alex Martin of Burrillville High School, also joined the program to get a better understanding of our political system. "I am interested in getting into politics when I get older because I think it is important for America to stay on top," he said.

Formal ball to mark destroyer centennial

A museum exhibit, road race and commemorative ball are just some of the local events planned for

the 100th anniversary of the U.S. Navy destroyer class.

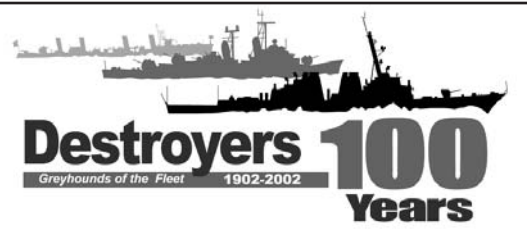
Adm. Vernon Clark, Chief of Naval Operations, will be the guest speaker at the Destroyer Centennial Ball on Friday, May 17, at the Naval Station Newport Officers' Club.

Coordinated by the Surface Warfare Officers School Command (SWOSCOLCOM) and the Newport Chapter of the Surface Navy Association (SNA), the celebration is part of a year-long celebration highlighting the proud service of the U.S. Navy destroyer, instrumental in every military battle engaged over the past 100 years.

All hands are invited.

The evening will begin with cocktails and hors d'oeuvres at 6 p.m., followed by dinner at 7. The menu will consist of hot and cold appetizers, prime rib or stuffed chicken; garlic mashed potatoes; rice pilaf; green bean almandine; and dessert.

Attire for the evening will be dinner dress white jacket (civilian suit and tie). Tickets range from \$15 for E3 and below to \$45 for civilians, O6 and above.



For information, contact Lt. Kara Zambuto at (401)841-1383, or e-mail: kara.a.zambuto@swos.navy.mil.

The year-long celebration began with a wreath-laying ceremony on Jan. 20 onboard the destroyer USS Joseph P. Kennedy Jr. (DD 850) at Battleship Cove in Fall River, Mass.

The Naval War College Museum opened an exhibit in March entitled, "Destroyers 100 Years, highlighting the birth, evolution, proud service and future of the American destroyer."

Other future events include the Destroyer Centennial 5K Race on Friday, June 7. For more information, visit the Surface Navy Association (SNA) website at www.sna5k.com, or contact Cmdr. Andrei Sapsai, 841-2680.

The SNA also will sponsor a fund-raising dinner onboard the battleship Massachusetts on June 14 at Battleship Cove. Proceeds will be used for the upkeep of USS Joseph P. Kennedy.

As part of the celebration, three destroyers will visit Newport in August for the Bainbridge Cup Sailing Regatta.



Capt. Ruth A. Cooper
Commanding Officer, Naval Station Newport

David Sanders NAVSTA Public Affairs Officer	Bob Krekorian NAVSTA Public Affairs Staff	Greg Kohlweiss NAVSTA Public Affairs Staff
Ron Fontaine NAVSTA Public Affairs Staff	Joy Christmas NAVSTA Public Affairs Staff	Richard Alexander NAVLOG Editor

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The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).

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Ron Fontaine/U.S. Navy photo

GO ARMY — Religious Program Specialist Third Class (SW) Heather Osterberg shows Army Master Sgt. Dave Gagnon from the 94th Regional Support Command, Ft. Devens, Mass., some historical items on display at the Naval Chaplains School. Gagnon is among 54 Army personnel, including three flag officers, from the Reserves and National Guard attending the 2002 Chaplains Regional Sustainment Training Region I conference.

Charleston to take over payroll duty

The Defense Finance and Accounting Service (DFAS) will be realigning its workload within the three civilian payroll offices. As part of this realignment, DFAS Charleston will now service all Department of the Navy civilian accounts and all Department of Defense overseas accounts.

This change will be effective on Aug. 11 for all NAVSTA Newport employees.

- Employees will notice no difference in the payroll process. Employees' net pay will continue to be delivered in the same manner that it is today.

- Employees will receive their Leave and Earnings Statement (LES) in the same manner as they do today.

Employee/Member Self Service (E/MSS) access for LES viewing and making address changes will be unaffected. However, employees may experience up to a three-day delay for making other payroll changes.

- LES issued from the new database will include all year-to-date pay and leave information. All retirement amounts and records will move to the gaining payroll office.

Newport Naval Cable TV

MCPON Herdt bids farewell to career

Navy and Marine Corps News airs daily at 8:30 a.m., noon and 5:30 p.m. on channel 11. Look for the following stories and more on this week's Navy/Marine Corps News show:

- MCPON Herdt visits the Mediterranean to bid farewell to Sailors stationed there.

- NBC Nightly News anchor Tom Brokaw undergoes safety training before a backseat ride in an F-14 Tomcat.

- The Navy Memorial in Washington, D.C., begins another season with its annual blessing of the fleet ceremony.

Fleet & Family Support

Parents and teenagers may be interested in the Fleet and Family Support Center video series.

These programs deal with a variety of topics which are of interest to children of all ages, and families.

The programs air daily on channel 11 at 10 a.m., 1 and 7 p.m. The weekly schedule is displayed below.

To obtain a video schedule or for more information, contact the Naval Station Newport Public Affairs Office at 841-3538.

DAY	TITLE
Friday through Sunday	Humor Your Stress
Monday	Preventing Violence
Tuesday	Resolving Conflicts
Wednesday	Managing Your Anger
Thursday	Dealing with Bullies, Troublemakers

Navy recruiting video

This week on Newport Naval Cable Television see the Navy's latest *Accelerate Your Life* 12-minute recruiting video on channel 11 at 8:18 and 11:48 a.m., and 5:18 p.m. which may help you decide your future.

A look at naval history

This week's featured video, *Ladies Wear The Blue*, will be aired at 9 a.m., and 1 and 6 p.m.

Packing out soon? Arrange it on-line

The Naval Station Newport Personal Property Office, Building 690, will begin a new program on May 6 to help Navy service members arrange their household goods moves online, from the convenience of their home, work or anywhere they have Internet access. The program is available 24 hours a day, seven days a week.

The program, called SmartWeb Move, is a user friendly, web-based program that allows eligible active-duty Navy service members and their families to arrange basic, routine moves from Newport to a new duty station or homeport within the Continental United States (CONUS).

The U.S. military is one of the largest relocation companies in the world, arranging thousands of moves annually for service members. The Navy alone transfers members an average of 150,000 moves annually.

SmartWeb Move, sponsored by the Naval Supply Systems Command (NAVSUP), is the first interactive program in the Department of Defense to provide application forms for moves and customized entitlements counseling online. Access the web site at: www.smartwebmove.nausup.navy.mil

SmartWeb Move is easy to use. Eligible users simply fill out an online questionnaire to receive a report of entitlements available to them. No longer do service members have to interrupt their schedules to attend a counseling briefing.

The system also allows members to fill out all necessary forms, arrange the move, choose pack and move dates, and submit the forms to their Personal Property Office via the Internet.

The application is processed through an Internet Virtual Office.

God's 911

In trouble? Remember this emergency number.

Try using God's 911 number. You may find it a great source of comfort and hope.

It's Palm 91:1. Read it and the verses that follow.

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HM2 Mike Duff/U.S. Navy photo

KEEPING SCORE — Mike Duarte, left, Naval Undersea Warfare Center Division, Newport, and Ens. Mylene Arvizo, Surface Warfare Officers School Division Officer Course student, staff the scorer's table at the Rhode Island Special Olympics Volleyball Tournament last Saturday at NUWC's Building 80. NUWC and SWOS provided volunteers to run the games between a half-dozen teams.

Engineer recognized for research

Dr. Albert Nuttall of Old Lyme, Conn., an engineer in the Naval Undersea Warfare Center Division Newport's Surface Undersea Warfare Department has been selected by the American Society of Naval Engineers (ASNE) as the recipient of the Solberg Award.

This prestigious research award is granted to an individual who has made significant contributions to naval engineering through personal research.

During his 33-year career with the Division, Dr. Nuttall has distinguished himself as

one of the world's most prolific contributors to the solution of fundamental analytic problems in the area of signal processing of underwater acoustic signals. He has been involved in many aspects of applied mathematics, numerical analysis, statistical analysis, probability and confidence calculations, spectral analysis, Wigner dis-



Dr. A. Nuttall

tribution function enhancement.

Dr. Nuttall's most recent research in the area of saddle-point approximations for various statistics of dependent non-Gaussian random variables and its related applications represents the latest in a series of career-long breakthroughs that have had an inestimable benefit to the U.S. submarine fleet.

Throughout his career, Nuttall has undertaken pioneering assignments of substantial scope and complexity in unexplored or unyielding areas of signal processing applications, laying the foundation for new insights and expanded understanding of physical principles.

Dr. Nuttall holds the position of Distinguished Chair in Signal Processing at Division Newport.

The award will be presented during ASNE annual meeting, April 29 and 30 in Crystal City, Va.

Civilians of the Quarter/Year

Janet Sells, Senior, Naval Ambulatory Care Center Newport, March 6, 2002.

Linda Dokken, Junior, Naval Ambulatory Care Center Newport, March 6, 2002.

Donna O'Brien, Senior Civilian of the Quarter, Oct. 1 to Dec. 31, 2001, Naval Ambulatory Care Center Newport, March 6, 2002.

Joey Bryan, Junior Civilian of the Quarter, Oct. 1 to Dec. 31, 2001, Naval Ambulatory Care Center Newport, March 6, 2002.

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Coupon May Not Be Combined With Any Other Offer

Commissary joins 'Labels for Education' program

By **CARRIE WILLIAMS**
Defense Commissary Agency

FORT LEE, Va. - Who knew eating soup could be an educational enterprise? It certainly is until April 24, thanks to the Campbell's "Labels for Education" program. Eat soup and other participating Campbell products, save the labels and donate them to your local school, day care or church participating in the program. They

can then redeem them for certificates good for classroom computers, software, books and other educational tools.

It's a classic! Since 1973, more than 400 million labels have been redeemed, resulting in schools and churches receiving more than \$90 million in free educational equipment.

Commissaries will receive a share of the 1.6 million "Labels for Education" certificates to

be donated to local schools, which can then be redeemed for free educational equipment.

Campbell's will be offering a wide variety of top-selling

brands at hot prices. Commissary customers in each commissary will have an opportunity to win a schoolhouse pop-up tent. Look for signs in your commissary for further information on how to donate labels to assist your local school, daycare or church.

"Building Better Schools One Label at a Time."

Special events

Get ShipShape free

MIDDLETOWN — A 10-week long weight loss management seminar, sponsored by Naval Ambulatory Care Center Newport Health Promotion Department, will be offered at the Greene Lane Community Recreation Center beginning April 24 at 6 p.m.

The ShipShape! program has met with much success by incorporating healthy eating and ways to stay active into our daily life. This seminar is open to active duty, retirees and their families. DOD civilians may also attend.

To reserve your seat or for more information, please call Health Promotion at 841-6777.

Healthy living seminars

The Health Promotion Department from Naval Ambulatory Care Center Newport will offer Healthy Living Seminars in the McMacken Community Center at Fort Adams Housing in May.

The seminar topics will include: Wellness 101 on May 7, Healthy Eating on May 14 and Healthy Heart on May 21. You may attend one or all three seminars.

The seminars will begin at 6 p.m. and will be 60 to 90 minutes long.

Call Health Promotion at 841-6777/8 if interested in attending.

Public Service Recognition Week

U.S. federal employees are invited to celebrate Public Service Recognition Week at the Pawtucket Sox vs. Indianapolis Indians International League baseball game at McCoy Stadium, May 10 at 6:05 p.m.

Tickets are \$5 each and a portion of sales will support activities of the R.I. Federal Executive Council.

For tickets contact, Vincent Marzullo, Corporation for National Services, at 528-5426 or Kristen Batty at U.S. Bankruptcy Court, 528-4477 ext. 33.

Meetings/reunions

Festival of trees kickoff

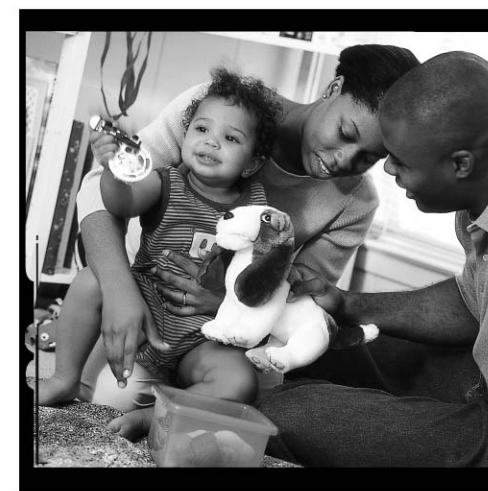
Preparations are underway for the 25th annual Festival of Trees. The Festival of Trees is an annual celebration held in conjunction with the Christmas in Newport celebration.

Money raised by this event is donated to local charities. The big kick-off meeting will be May 2 at 7 p.m. at the Armed Services YMCA.

Sign up to be on the Festival of Trees committee, volunteer your time, or just stop by to learn more about the festival.

Future meetings will be held at 7 p.m. on the first Thursday of every month at the ASYMCA. Anyone interested in volunteering to participate in the silver anniversary of the festival is welcome.

Refreshments will be served. For more information, please contact Lt. DeAndrea Fuller at 683-0626.



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Announcements

Gym 109 to secure

Gym 109 will be secured today from 7 p.m. until Saturday at 9 a.m. for electrical work. Morale, Welfare and Recreation Department apologizes for any inconvenience this may cause our patrons as we continue to upgrade the Gym 109 facility.

Marina parking restricted

The Naval Station Newport Marina will open for the boating season on May 1. To ensure adequate parking, the north parking lot at the Officers' Club will be reserved for Marina patrons. All other vehicles will be towed.

Cruise the Caribbean!

The Naval Undersea Warfare Center's Morale, Welfare and Recreation Division has invited all authorized patrons of the Morale, Welfare and Recreation Department to cruise the southern Caribbean, Nov. 9-16, aboard the Carnival liner, Spirit. Ports of call include Key West, Fla., Belize and Mexico. Prices are as follows:

Inside Cabin: (Category 4-A), \$989 per person/double occupancy

Outside Cabin: (Category 6-A), \$1,239 pp/do
Balcony Cabin: (Category 8-A), \$1,289 pp/do

This fantastic group-rate trip price includes round-trip airfare from Providence, the seven night cruise in selected accommodations, all meals, on-board entertainment, government taxes and airport/ship transfers.

A \$250 prepaid deposit is required at the time of booking and is fully refundable until Aug. 17. To book your reservation or for further information, contact Doug Moorcroft, NUWC/MWR trip coordinator at 832-8108.

Chandler Street closed

Chandler Street, from Simonpietri Drive to Defense Highway will be closed at least through June for road reconstruction and repaving.

Traffic will detour down Andersen Avenue from Simonpietri to Defense Highway. Narragansett Improvement is contracted for reconstruction of the road.

Greene Lane yard sale

An open, public yard sale will be held at 175 Mayflower Drive, Greene Lane family housing, on April 20 from 9 a.m. to 3 p.m. and April 21 from 9 a.m. to 1 p.m.

Parking violators will be towed

Parking on Coasters' Harbor Island (CHI) continues to be a problem under Force Protection measures, Cmdr. Jim Cunha, Executive Officer, Naval Station Newport, said.

All Naval War College personnel are restricted to parking in the interior of the Naval War College security perimeter and the paved New Hampshire Field lot.

Parking in the Surface Warfare Officers School Command lots is restricted to SWOS students.

Additionally, the new enforcement will limit parking on the rest of CHI to Combined Bachelor Housing residents and guests at the Newport Chalet, Harbor Island Conference Center participants, Gym 109 and SWOS student overflow.

With the softening ground, all personnel are reminded not to park on the grassy areas around NAVSTA, Cmdr. Cunha said. Any vehicles found parked on lawns and ball fields will be towed.

What's going on

Try rockin' and bowlin'

Want to get out, socialize and have some fun? Why not try Red Pin Rock 'n Bowl, 8 p.m., Saturday, at Seaview Lanes, Building 656.

Every other Saturday the lights are turned down and the tunes turned up as you rock and bowl to the hottest rock 'n roll hits. Roll a strike when the head pin is red and win a prize. Cost is \$7 per person, including shoe rental.

For more information, call 841-4293 after 5 p.m.

TODAY, April 19

- Destroyer: 100 Years exhibit, through November, Naval War College Museum, featuring ship models, murals, memorabilia, video presentation. Call 841-4052 for more information.

- Lunchtime Bingo, noon to 1 p.m. at the Recreation Center, Building 656! New game every 10 minutes. Cost is \$1 each (three cards on a strip) Winners receive \$30 cash prizes! Jackpot overall game starts 12:30 p.m.

- Movies at Recreation Center, Building 656, 5 p.m., *Ali (Parts 1 & 2)*(R). Other movies are available and may be shown upon request.
- Fitness Equipment Orientation for proper/safe use of Nautilus equipment, cardiovascular machines and the free weights, every Monday, Wednesday and Friday mornings at 8, 9 and 10 a.m., FIT-NESS Plus, Building 355.

- Newport Community Band and Salve Regina University Woodwind and Jazz ensembles in concert, 8 p.m., Ochre Court. Selections include music from Anton Dvorak, Percy Grainger, Giovanni Babrili and Sonny Rollins. Tickets are \$5 for general admission, \$3 for senior citizens and free for salve students with ID cards.

SATURDAY, April 20

- Kindermusik at Armed Services YMCA, spring semester runs every Saturday through June 8, for newborns to age 5. Call Terriann Lane at 846-1331.

SUNDAY, April 21

- Chapel of Hope worship services:
 - Catholic mass, 9 a.m. and noon
 - Protestant Services, 8 and 10:30 a.m.

- Sunday Bowling, \$7 per hour, Seaview Bowling Lanes, Building 656. For more information, call the Bowling Center at 841-4293.

MONDAY, April 22

- Fitness Walk and Tone, 8: to 9 a.m., Gym 109. New program designed for patrons age 50 and up. For more information, call the fitness staff at 841-3154.

- Intermediate Weight Training for

Women, z 9 to 10:30 a.m., Monday and Wednesday, Gym 109.

- Pawtucket Red Sox vs. Ottawa, 6:05 p.m., McCoy Stadium, One Ben Mondor Way, Pawtucket. Also, April 23, 12:05 p.m.

TUESDAY, April 23

- Relationship Enhancement Workshop begins, 6 to 8:30 p.m., Fleet and Family Support Center. A five-session workshop designed for couples or individual who want to enrich their relationships through effective communication.

- Free movies at Officers' Club, 6 p.m. *The Count of Monte Cristo* (PG13); 8 p.m. *Ghost World* (R).

WEDNESDAY, April 24

- Armed Services YMCA:

- Parents Time Out, 9 a.m. to noon. Bring your child(ren) ages 18 months and older to the "Y" while you run errands or enjoy some time for yourself. \$10 for the first child, then \$5 each additional child.

- Kids Sewing No. 1, 3:30 to 5 p.m. Kids ages 7 and over learn the basics of sewing.

THURSDAY, April 25

- Pawtucket Red Sox vs. Norfolk Tides, 6:05 p.m., McCoy Stadium, One Ben Mondor Way, Pawtucket. Game also, April 26, 6:05 p.m., and April 27 and 28, 1:05 p.m.

Upcoming:

April 27 — 30th annual Retired Military Personnel Seminar, 7:30 a.m. to 12:30 p.m., Crown Plaza Hotel at the Inn at the Crossings, Warwick.

April 28 — Salute to Rhode Island Military Women, (reception, noon), Crowne Plaza Hotel, Warwick, R.I. Dinner, 1:30 p.m. Guest speaker, Newport Native Rear Adm. Barbara McCann, Provost, Naval War College. \$40 per person payable to RIRQA, Lt. Col Dennis Morgan, 432 Buchanan Street, Pawtucket, RI 02860, (401)724-3913, bingo@ids.net.

May 6 — Military change to summer uniform.

May 10 — Military Spouse Appreciation Day.

May 12 — Mother's Day.

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Keeping the Faith

Some believers swear that profanity works

CHAPLAIN S.L. SMITH

Navy Warfare Development Command

Over the years I have heard a multitude of spoken prayers. Some flowed poetically from the speaker's tongue, some had the overtones of a sermon, and others resembled conversation.

I have also heard another type of prayer, though never in a place of worship. Its usage is universal in the English language, even being used on occasion by atheist. The prayer is most often spoken during times of anger, frustra-

tion, or used to display extreme displeasure with a given situation or individual.

The vast majority of the English-speaking population would not recognize it as a form of prayer, rather, as a form of swearing. Some would regard the invocations as "taking God's name in vain." Both are true and credible, however, at the core of the expression is a request by the petitioner to ask God to damn something, someone, or some place.

Several years ago, while stationed on Okinawa, I joined my battalion for a "best ball"

golf tournament. My foursome was comprised of individuals I had played with

often, so I was somewhat aware of how our day might develop. One individual, who

usually played an outstanding PRAYER, Page 13



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A little friendly competition...



DIG THIS — Naval War College's Lt. Col. Mark VanUs, left, and Cmdr. John Holmes dive for a spike during their volleyball game at the Jim Thorpe Sports Days in Carlisle Barracks, Pa.

FIRST THINGS FIRST — Army Lt. Col. Jim Kirby, playing for the College of Naval Warfare, naval War College, makes a low scoop for a put out at first base against the Army War College team.



Military colleges put on game face

CARLISLE BARRACKS, Pa. — Fifty-four student athletes in the College of Naval Warfare at the Naval War College traveled to Pennsylvania last week to participate in the 27th annual Jim Thorpe Sports Days.

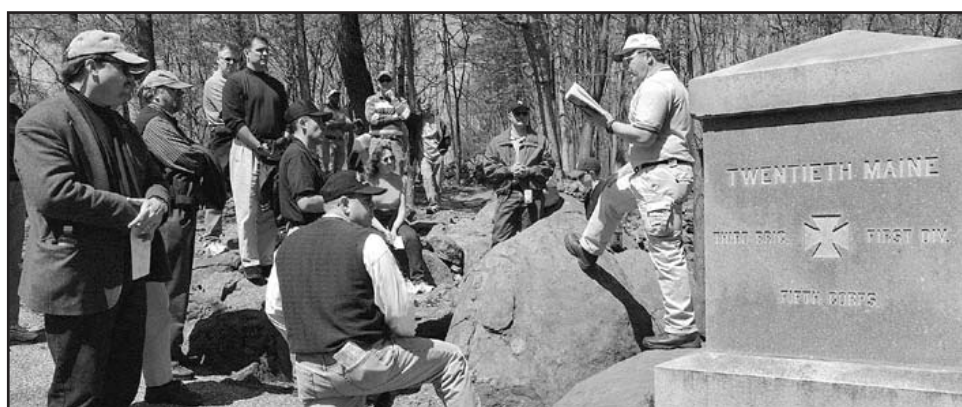
The two-day event, hosted by the Army War College, gives senior service colleges the opportunity to

come together in friendly competition.

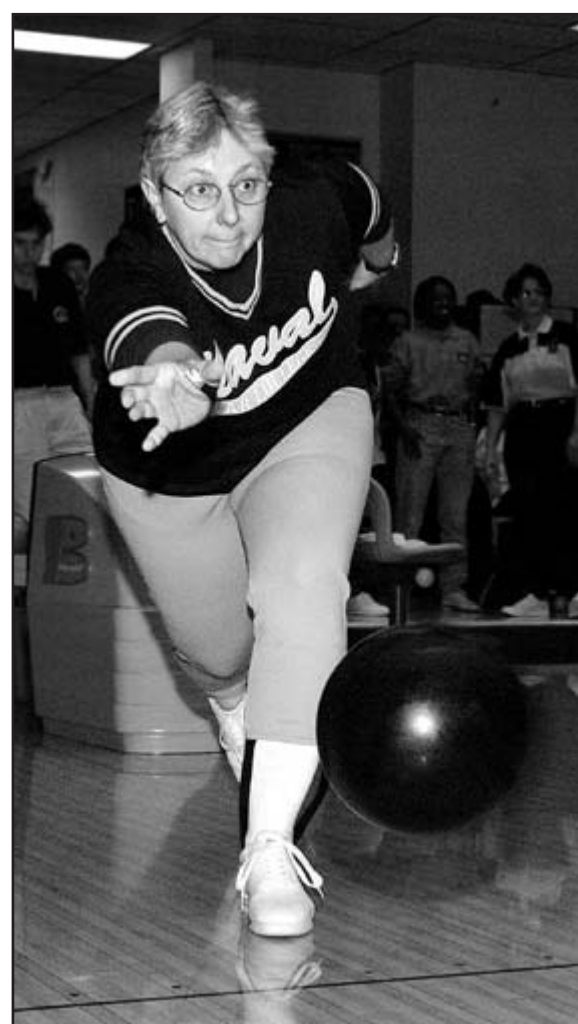
Besides the Army and Navy schools, the National War College, Industrial College of the Armed Forces, Marine Corps University, and the Air War College were represented.

The athletes engaged on several

THORPE, Page 9



HISTORICAL PERSPECTIVE — Army War College faculty member and tour guide Capt. Dave Willman, right, explains battle details at the 20th Maine Monument at Little Round Top at the Gettysburg National Military Park.



IN FAST LANES — Cmdr. Paula Jonak goes for a strike during her bowling tournament.



Thorpe

Continued from page 8

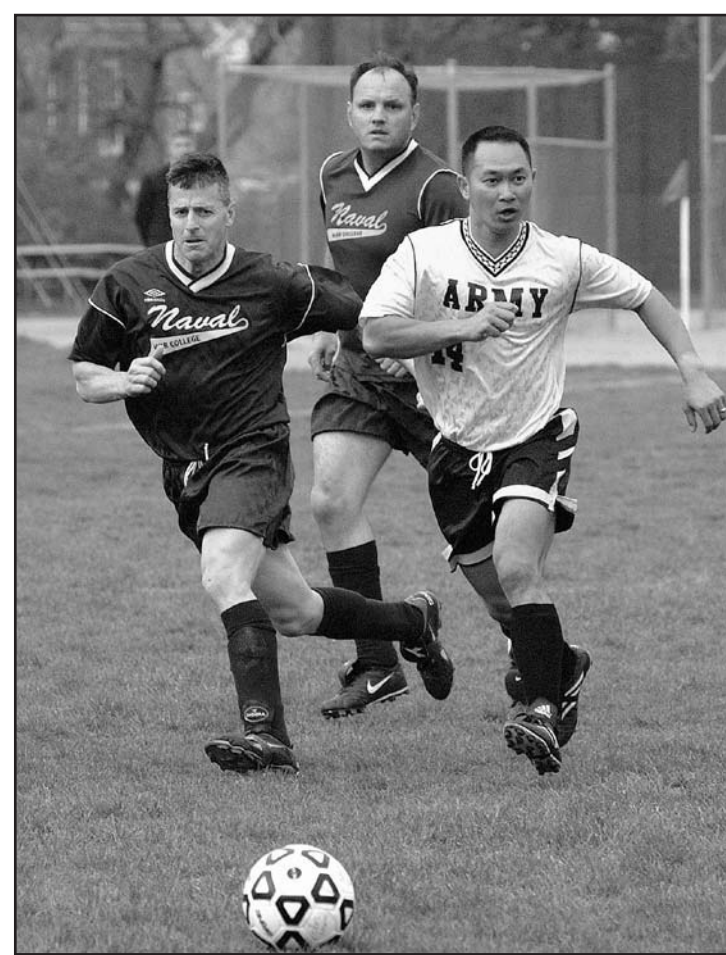
playing fields: basketball, soccer, bowling, golf, racquetball, softball, volleyball, tennis, five-mile run, two-mile relay, and a 5k run, with points awarded for each win.

When the dust had settled, the Army War College athletes walked away with first place overall. The Naval War College was fifth.

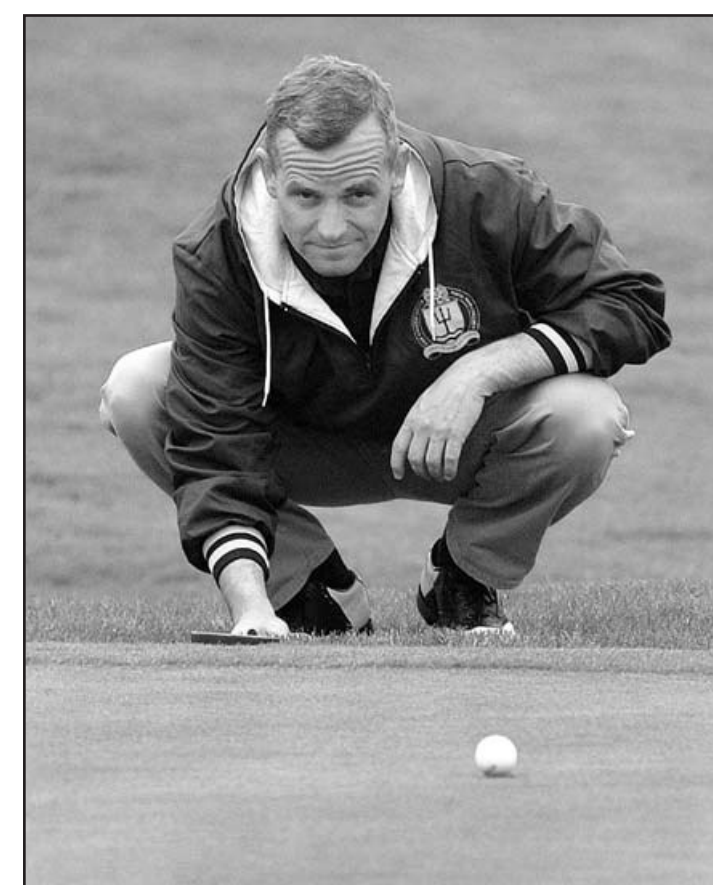
On the day before events began, the students and accompanying family members went on a guided tour of the nearby Gettysburg National Military Park. Experts on the historic battle provided a personal, up-close experience on the battlefield, leading the groups on walks from the Devil's Den up to

Little Round Top and across the field of the famous Pickett's Charge.

The games are named in honor of the great American athlete, Jim Thorpe, who attended the Carlisle Indian School at Carlisle barracks from 1904 to 1913 and achieved success in several sports.



BOOT CAMP — Army Lt. Col. Sam Johnson, left, and Lt. Col. Ken Juergens, background, Naval War College, race to the soccer ball against Army War College player.



Air Force Lt. Col. James Sale, Naval War College, lines up a putt.



Air Force Lt. Col. Mary Gillam, Naval War College, tunes in some running music as she follows the 5k race trail.

PHC (AW) Jon Hockersmith/U.S. Navy photos

Naval Station Newport Clubs

Officers' Club

Kick off the weekend tonight from 5 to 7 with complimentary hors d'oeuvres in the Topside Pub. This buffet is kept well stocked with a variety of your buffet favorites and a huge selection of beverages.

For more information, call 846-7987.

The Officers' Club will serve a prime rib feast, featuring succulent, hand-carved choice beef on Saturday, April 27 from 5:30 to 9 p.m. Tickets are on sale now for this meat-lovers feast. Choose your preferred size rib — Cattleman's Cut, Queen Cut, or English Cut — and it will be carved to order for you.

This beefy meal also includes grilled honey-lemon chicken, broiled swordfish kabobs over rice pilaf; garlic mashed and twice-baked potatoes, fresh roasted vegetables, and much, much more. Starters include an assortment of warm breads, soup du jour, and a jumbo salad bar. Tickets cost is just \$21.80 for adults, \$5.15 for children 4 to 12, and children 3 and under are free.

The Officers' Club is pleased to present, the New Barley-corn Band in a dinner show sure to please all your senses, on Friday, May 3!

First, dine on delicious cuisine, including fresh broiled scrod, chicken Marsala, carved to order London Broil with béarnaise sauce, long grain and wild rice, red bliss garlic mashed potatoes and fresh roasted vegetables. Then, spend the rest of the evening enjoying Irish music, song and laughter with the New Barley-corn's unique live show. This is truly a special event!

Cocktails (cash bar) and hors d'oeuvres will be available at 6 p.m. and dinner begins at 6:45 p.m. Entertainment will be from 8:30 p.m. to 12:30 a.m. Adult ticket for dinner, show, and gratuity, is \$25 per person; adult ticket for show only is \$10; child ticket for dinner, show, and gratuity, is \$12.50; child ticket for show only is \$5.

All tickets may be purchased at the O'Club Gift Shop or by phone using Visa/MC. To purchase tickets to this or other dinner shows, or for more information, please call 846-7987.

You know Mom deserves the best, so purchase tickets today



DON'T FORGET Mother's Day. Treat her to a great buffet for \$26.95 at the Officers' Club on Sunday, May 12. The menu features a dozen main dish selections, a huge salad and appetizer bar, delicious homemade specialty breads, a decadent dessert and pastry bar, and much more. Call 846-7987 for reservations.

to the best Mother's Day buffet around on Sunday, May 12! Treat mom to our traditional, all-you-can-eat buffet featuring over a dozen main dish selections, a huge salad and appetizer bar, delicious homemade specialty breads, a decadent dessert and pastry bar, and much more.

Seatings are available from 11 a.m. to 3 p.m. and must be specified when you purchase your tickets. Tickets cost \$26.95 for adults, \$11.95 for children 4 to 12, and free for children 3 and under.

(PLEASE NOTE—Gratuity is included in ticket prices and brunch cards are not valid on this day).

The Topside Pub offers great, low-cost specials every night of the week! Don't miss a terrific double meal deal every Monday and Tuesday night from 5:30 to 8 p.m. Pasta Nights feature all-you-can-eat fresh cooked pasta, salad and warm garlic bread.

Get over the mid-week blues on Wednesdays with free sliced beef from 5 to 7 p.m. Buy a beverage of your choice and receive a "free food token" good for two free sliced beef sandwiches.

Every Thursday night, from 5 to 7 p.m., join your friends at the Topside Pub for lobsters for happy hour. You can get one-

pound boiled lobsters, giant baked potatoes, hot and spicy wings and fresh garden salads for super prices you won't find anywhere else! It is meal fit for a king or queen at a great price!

The pub opens at 4 p.m. Monday through Saturday. For more information, call 849-3693.

Rec Center

The Morale, Welfare and Recreation Department's Computer Café, located in the Recreation Center, Building 656, is now open at 6:30 a.m., giving you even more opportunity to stay connected!

You can send and receive e-mail, surf the web, play games, watch television and enjoy a snack or meal from the Recreation Center kitchen.

The computer center is open seven days a week and computer use is still free, so it's never been so easy or affordable to keep in contact with friends and family!

Call 841-2194 for current hours of operation or more information.

Eat, Drink and Play: The Computer Café at the Recreation Center opens at 6:30 a.m., Monday through Friday, and offers a delicious breakfast menu featuring sandwiches, bagels, croissants and even pancakes—all available for take-out!

For more information or to place an order, call 841-2575.

Enlisted Lounges

The original reality based show Survivor is back at the beach, this time from "paradise" on the island of Marquesas, a distant neighbor of Tahiti in the South Pacific. Watch at the Recreation Center, every Thursday night start-

ing at 8 p.m. and see who survives. Cast your ballot on who will be the next one "Pitched out of Paradise," by 8:45 p.m. and you could win!

At the conclusion of the show the bartender or manager on duty will begin pulling the ballots.

The first correct answer will win! The winner at the Recreation Center will receive a gift certificate for a fish 'n chips dinner. You must be present to win and there will be one winner for each episode. Contest will take place every Thursday through the final episode. Come on out and see if you can outwit, outplay and outguess your fellow viewers. Call 841-2575 or 841-3054 for more information.

What about lunch? Stop by the Recreation Center, Building 656, today and get a delicious lunch at a price that can't be beat!

The kitchen opens at 11 a.m. and serves sandwiches, burgers, soups and salads. We've got the best creamy white, New England-style clam chowder

around.

You can still enjoy a complete steak dinner including potato and salad, on **Thursdays** and fresh, delicious fish 'n chips on **Fridays**. Lunch is open to all hands and Department of Defense civilians are always welcome. Call 841-3054, for advance orders or for more information.

Every Friday — Enjoy complimentary unlimited use of the pool tables from 1 to 5 p.m. Head over early and enjoy a delicious lunch including a fish n' chips special. The lunch menu also includes sandwiches, burgers and more. For more information or take-out orders, call 841-3054.

Visit the Enlisted Lounges at the Recreation Center, Building 656, every night of the week for great money-saving specials! Order off our delicious pub menu, featuring burgers, salads, sandwiches and more every Monday. Come in on Tuesday and create the perfect taco using all your favorite ingredients.



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Fleet and Family Support Center

Learn to refresh your relationship

The Fleet and Family Support Center is conducting a workshop for individuals and couples who would like to learn some proven ways to improve communication in their personal relationships. The five-session workshop, Relationship Enhancement, begins Tuesday, April 23, from 6 to 8:30 p.m.

Call 841-2283 to register. **Stress Management 101** — Stress Management 101 is scheduled for Thursday, April 25, from 11:30 a.m. to 1:30 p.m., at the Fleet and Family Support Center.

If you sometimes have problems coping with day-to-day situations, or just need some relief from stress on the job or at home, then this workshop is for you.

Learn how to assess your stress level, increase stress relief skills to avoid burnout, and learn how to regain control of stressful situations.

Call 841-2283 to register. **Homebuyers Workshop** — Come to the Fleet and Family Support Center on Thursday, April 25, from 7 to 9 p.m., and meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options. Home-buying information for all areas of the United States is available at this workshop.

Registration is required and may be made by calling 841-2283.

Retired Military Personnel Seminar — The 30th annual Retired Military Personnel Seminar is scheduled for Saturday, April 27, at the Crown Plaza Hotel at the Inn at the Crossings in Warwick, R.I. The Crown Plaza is 3.5 miles from T. F. Green Airport. From I-95 North or South, take Exit 12A, bear right, and the driveway is on the right.

The seminar will run from 7:30 a.m. to 12:30 p.m., and is

open to all area military retirees and their dependents.

The speaking program begins at 9 a.m., and will feature guest speakers from several organizations including Defense Finance and Accounting Service; Veterans' Administration; Naval Ambulatory Care Center; Rhode Island Department of Elderly Affairs; and the Secretary of the Navy Committee on Retired Personnel.

In addition to the guest speakers, many organizations will have information booths in the foyer.

The Naval Station coordinator is Mary K. Silva, Director of the Fleet and Family Support Center. She may be called at 841-2283 for questions.

TRICARE corner

Reservists receive health benefits

Chief of Naval Personnel PAO

WASHINGTON (NNS) — Naval Reservists mobilized for Operation Enduring Freedom will receive full military health benefits even if they and their families seek treatment from civilian health care providers.

The Department of Defense and TRICARE have worked together to formulate several changes to make health care more accessible and the TRICARE program more beneficial to those reservists called for duty. Among the changes:

— Waives the deductibles for TRICARE Standard and TRICARE Extra to avoid undue financial hardship for families who may have paid an annual deductible under non-military providers.

— Pays 15 percent above the TRICARE allowable rates for care provided by non-partici-

pating providers. Some doctors do not participate in TRICARE provider networks and are allowed by law to charge up to 15 percent above TRICARE Standard approved expenses.

— Waives the requirement for Non-Availability Statements for inpatient care in civilian hospitals when family members of activated reservists live outside a military treatment facility (MTF) area.

Once reservists are activated, they are considered TRICARE Prime enrollees. If members receive orders for more than 30 consecutive days, spouses and eligible children are eligible for TRICARE Extra and Standard coverage on the first day of their sponsor's orders.

If those orders are for 179 days or more, family members may enroll in TRICARE Prime,

with no pharmacy co-payments at military hospitals or clinics.

While TRICARE Prime may be the most comprehensive and cheapest benefit for active duty families, with no enrollment fees or co-pays, some families may elect to continue to receive medical treatment with their civilian healthcare providers.

In these instances, families may elect to utilize their TRICARE Standard or Extra benefit. Under TRICARE Standard, beneficiaries pay 20 percent of the allowable charge. TRICARE Extra offers discounted cost shares (15 percent of negotiated fees) when TRICARE network providers are used. All TRICARE options cap reservist out-of-pocket expenses at an annual catastrophic limit of \$1,000. TRICARE benefits are

BENEFITS, Page 13

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Sports

NAPS team back on diamond after Big Apple visit

LINCOLN, R.I. — The Naval Academy Prep School baseball team absorbed a tough 10-8 loss to the Community College of Rhode Island April 9.

With tough academics and graduation approaching the team is down to 11 players on weekends, and nine on weekdays.

Many are playing new positions and some times three to four positions in one game to enable the pitchers to make it to the mound, Coach Lt. Cmdr. Terry Allvord said.

NAPS had 10 hits, but six errors NAPS pitcher Robert Herrick threw a complete 9 inning game allowing just five earned runs on 10 hits, three strikeouts and two walks.

"He's been continuing to provide quality starts for our team and we've been working hard to see where we can put guys defensively to minimize the damage," Allvord said.

NAPS traveled to Marion, Mass., April 11 to face a strong Tabor Academy club. Tom Laurick was on the mound for NAPS who has been sick all week with the flu.

Eric McElvenny continues to nurse a sore elbow, while outfielder Justin Ossola continues to swing a hot bat as the designated hitter despite a broken finger.

NAPS, fresh from a 10-day spring training trip to San Diego in March, headed south April 5-7 to visit the cities of New York and Washington, the U.S. Naval Academy in Annapolis, and Cooperstown, N.Y., home of the Baseball Hall of Fame.

The team visited Times Square and *MTV's Total Request Live*, then experienced an Israeli and Palestinian protest unfolding in Times Square.

A couple of midshipman candidates weren't real happy

with those holding anti-American signs," Allvord said.

After watching two members of the groups face-off in a "live" camera debate on Broadway at 42nd Street some discussion began about who was right, Allvord said.

"It was a great learning experience for them to see first hand how our military defends the freedoms of all in this country, so that they can express their opinions freely."

The team saw the World Trade Center site that now resembles a huge construction zone.

The Newport group also visited Battery Park to see the Statue of Liberty, and handed out free sack lunches to the homeless in the park.

The team then left for Annapolis, and played a double header with the Navy junior varsity squad Saturday morning. NAPS lost both, 11-2 and 11-10.

Game 1 was over before it started as NAPS starting pitcher Grant Alexander struck out four midshipmen in the first inning, but 10 NAPS errors proved too costly as the JVs won, 11-2.

Game 2 looked to be headed in the same direction as Class of 2001 NAPS graduate Asa Moos controlled the action on the mound for Navy.

The game turned after Moos left the game when NAPS left-fielder Dan Gibbon made a diving catch to keep it a 7-2 ball game.

NAPS closed the gap to 11-10, but that's how it ended. Navy, led by Class of 2000 NAPS Coach Jim Brobyn, claimed two wins at Bishop Stadium.

The next day the team toured Washington, D.C. in the morning and then made the trip north to Cooperstown, N.Y., and the home of the National Baseball Hall of Fame.



THE BIG APPLE — Coach Terry Allvord, left, escorts his Naval Academy Prep School baseball team during a visit to Times Square, New York City.

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Recreation

MWR boats up for auction

The MWR Department is offering the following boats for sale by sealed bid auction:

- One Alcar 16 foot fisherman with 30 hp Johnson out-board motor
- One Alcar 16 foot fisherman with 40hp Johnson out-board motor
- One Ensign "Triton" 22-foot sailboat, with cradle, sails, mast and boom.

Interested parties may obtain details of the bidding process, as well as a formal bid sheet at the Marina Office, Building 17, and the MWR Maintenance Shop, Building W-34.

Bids for these excess boats must be submitted to the MWR Recreation director, 1121 Meyerkord Ave., Newport, R.I. 02840.

All bids must be received by close of business on Monday, May 10, to be considered.

Red Pin Rock 'n Bowl returns!

Get ready to "Rock and Bowl" at Seaview Lanes, Building 656, every other Saturday night, for just \$7 per person - including shoe rentals!

Mark your calendar for the upcoming Rock 'n Bowl Saturdays: tomorrow night and again on May 4, because you won't want to miss the fun! Starting at 8 p.m. we will turn down the lights and turn up the tunes as we "Rock and Bowl" all night long! The DJ spins all the hottest rock and roll hits and bowlers can win great prizes if they bowl a strike when the head pin (first pin) is a red pin!

Don't worry — if you work up an appetite, you can order delicious food and beverages from the Recreation Center's kitchen.

You don't have to pre-register—just bring your friends and have a great time rocking and bowling! For more information, call the Bowling Center at 841-4293 after 5 p.m.

Golf conditioning at Gym 109

Golf season is here, but before you hit the links, you'll want to make sure that your game (and your body) is up to par. Gym 109 is ready to help you get in top form with a special class designed to enhance your power, strength and flexibility—all key to a great golf game!

Class will be held at Gym 109 and is open to all authorized patrons, ages 18 and over. Sessions begin Thursday, April 25 and will meet every Thursday from 4:30 to 5:30 p.m. through May 31.

The program costs just \$5 per person, and you may attend as many sessions as you like. To pre-register, or for more information, contact Brett or Mike at Gym 109 at 841-3154.

New yoga sessions to start

Stressed out with your daily routine? Looking for something to help you relieve stress and relax?

Then you will want to register today for "Vinyasa," a dynamic yoga class beginning two new sessions on May 1. A morning session will be offered from 6 to 7 a.m. and the afternoon session will be from 4:45 to 5:45 p.m.

This class will take participants through a series of poses with particular emphasis on using breath to guide movement. Students will learn the Ujjayi breathing technique and proper posture alignment while enjoying a vigorous cardiovascular workout. Special attention will be directed towards postures that aid in athletic activities.

The six-week session costs \$60 and classes are held in the Aerobics Room at Fitness Plus, Building 355. A minimum of ten, pre-registered participants is needed for classes to begin and all participants must have a yoga mat by the first class. For information, call Fitness Plus at 841-1474.

Prayer

Continued Page 7

round of golf, was having a horrendous day on the course.

Nothing was going right. His whole game was off, and he knew it, and continuously reminded the rest of us about it. On our seventh hole of play, and after overshooting the green, he threw his club as far as he could hurl it and exclaimed for the umpteenth time: "God !#*&! it!

I walked over to my friend and said: "You know, God is just answering your prayer."

He looked at me somewhat puzzled and as if I was insane. I reminded him that since our first hole of play he requested God to damn his club, damn his ball, damn the green, and even damn his shoes. So why be upset, God was simply answering his prayer.

When I concluded, he looked at me with his eyes gleaming, coupled with a partial smile, and said: "Chaplain, I like that and you're right. It hurt, but you're right."

For the rest of the day I, nor the others heard a request asking God to damn anything. (Then

again, he did bite his lip an awful lot).

I mentioned earlier that most individuals recognize this prayer more in line with the idea of swearing. However, I think there is valid case to recognize it as a prayer. That being so, it is bewildering why people would pray it.

Could it be that they are not aware of what they are saying and its significance, or, do they want God to damn the very thing they have named?

It is unfortunate when someone damns the one they love, their friends, work associates, or acquaintances. As with my friend, the idea of this invocation being a prayer never occurred to him, nor does it to most. Little do we realize the spiritual dynamic that is set in motion when we invoke God with our request. It is to our advantage God is all knowing and understanding to sort through our trivialization of prayer and not answer all that we request of him.

It is well to remember the words of Jesus: "You do not know what you are asking for."

Benefits

Continued Page 11

retroactive to the first day of orders.

Before using the TRICARE benefit, reservists should ensure that their family information is updated in the Defense Enrollment Eligibility Reporting System (DEERS). Beneficiaries may go online to find the three closest personnel offices or ID card facilities at <http://www.dmdc.osd.mil/rsl/>.

For more information about DEERS enrollment, beneficiaries may contact the Defense Manpower Data Center Support Office (DSO) Telephone Center at 1-800-538-9552.

Mobilized reservists receive Dental care from military dentists and they are not eligible for the TRICARE Dental Program (TDP). Families, however, may enroll. Information can be obtained by calling 1-888-622-2256 or visiting www.ucci.com/tdp/tdp.html. Single enrollment is now \$7.90 while family enrollment is \$19.74.

Members of the Individual Ready Reserve (IRR) (other than the Special Mobilization Category) and the family members of the Selected Reserve will pay a new monthly premium of \$19.75 for a single enrollment and \$49.36 for a family enrollment.

Eligible family members are

invited to enroll, even if the military sponsor does not. Family members are responsible for the full premium, except when the military member is called to active duty for more than 30 consecutive days, which reduces the premium share to 40 percent, with the government paying the rest.

Family members are not bound by the 12-month minimum enrollment period in TDP if the service member is called to duty for a contingency operation as defined by law. In this instance, you have 30 days from activation to submit an enrollment application. Family members must remain enrolled throughout the entire active duty period for the contingency.

These programs are a part of the TRICARE Reserve Family Demonstration Project and combine three key areas: First, the annual deductible for families who use TRICARE Standard or Extra are waived. Second, family members who receive care from "participating" or "non-participating" providers pay the same amount: 20 percent of the allowable charge.

Family members are not legally responsible for the balance above the TRICARE allowable charge that some non-participants charge. Third, the requirement to

obtain non-emergency inpatient care from a military treatment facility is waived, which allows for continuity in treatment by their civilian providers.

Family members who continue to receive treatment from the civilian sector should be aware that TRICARE pays after their personal health care plan and becomes the primary provider only when Medicaid is involved or an individual insurance policy is specifically designated as a TRICARE supplemental policy. In those cases, TRICARE pays before the other insurance.

TRICARE Standard users should contact the Health Care Finder in their local area to ensure sure their provider has been certified or authorized by the regional TRICARE contractor. If they are not certified or authorized, the cost of the services, even if otherwise covered, will not be shared by the government.

For more information regarding all of the TRICARE programs and treatment options, reservists may contact the nearest TRICARE service center or pick up a TRICARE Standard Handbook at the nearest uniformed services hospital or clinic or write to: TRICARE Management Activity, 16401 E. Centretch Parkway, Aurora Colo. 80011-9043.

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Navy-wide news

CNO says Navy banking on DD(X)

WASHINGTON (NNS) — During an April 10 Senate Seapower Subcommittee hearing, Chief of Naval Operations Adm. Vern Clark said the DD(X) program will serve as the technological vanguard for the Navy's surface fleet for the first half of the 21st century.

"It isn't just about numbers. In addition to buying enough ships and aircraft, we must buy the right ships and aircraft, with the right capabilities for our future fleet," the CNO said.

Along with the DD(X) family of ships, Clark said that the Joint Strike Fighter, F/A-18 E/F, CVN(X) aircraft carrier and SSGN submarine would be key components in the Navy's transformation efforts. The CNO added that these new platforms will transform the way our Navy fights and wins in the future.

"I see a Navy that works more smoothly and effectively with the Marine Corps in expeditionary strike groups, which have more striking power than today's ARGs (amphibious ready groups)," Clark said. "I see a Navy that is a leader in homeland security and missile defense; a missile defense capability will be key to assuring access for joint and coalition forces."

Tickets on sale for Army-Navy

ANNAPOLIS, Md. (NNS)— Tickets for this year's Army-Navy game, which will be played Saturday, Dec. 7, at Giants Stadium in East Rutherford, N.J., are on sale to active members of the Naval Academy Athletic Association (NAAA).

The ticket limit is six per member account. Orders may be placed by calling 1-800-US4-NAVY; by mail to 566 Brownson Road, Annapolis, Md., 21402; or in person at the ticket windows in Ricketts Hall.

Army-Navy tickets will go on sale to current midshipmen (Classes of 2002-2005) on Monday, April 29. Tickets bought by midshipmen must be purchased at the ticket windows at Ricketts Hall and there is a limit of four per midshipman.

Naval Academy graduates and full-time Naval Academy faculty and staff will have an opportunity to purchase two Army-Navy tickets per person via telephone, mail or the Ricketts Hall box office beginning Monday, May 6.

Tickets are priced at \$40 each

and availability is limited.

For additional information, please contact the Navy Ticket Office at 1-800-US4-NAVY, Monday through Friday, from 9 a.m. to 5 p.m. EDT.

The general public can purchase Army-Navy tickets by buying a Navy Season Ticket by calling 1-800-874-6289.

Voting officers assist Sailors

MILLINGTON, Tenn. (NNS) — The 2002 election year is underway, and Sailors should take action early to exercise their right to vote. Voting action officers (VAOs) can provide guidance and the necessary forms, but Sailors need to apply 30 to 45 days prior to an

election — earlier if they are deployed.

The Navy Voting Assistance Program (NVAP) Web site at <http://www.persnet.navy.mil/nvap> contains ordering and application instructions to help both Sailors and VAOs through the voting process.

"Voting action officers need to let each Sailor in their command know that they are readily available to assist them, so they will be able to vote," said John Hillis, NVAP program manager at Navy Personnel Command. "Communication is vital."

Primary and general election dates for each state, as well as BUPERSNOTE 1742, which governs the program, are posted on the NVAP Web site. Further assistance is available through the Navy Voter Hotline at (800) 368-5056.

USS Cole due back with fleet

PASCAGOULA, Miss. (NNS) — USS Cole (DDG 67) is scheduled to depart from Pascagoula, Miss., and return to the fleet today, after a successful 14-month repair effort following her arrival aboard the Norwegian heavy transport ship Blue Marlin on Dec. 13, 2000.

Northrop Grumman Ship Systems, Ingalls Operations, in coordination with the Navy's Supervisor of Shipbuilding, Repair and Conversion (SUPSHIP) Pascagoula, recently completed repairs to the AEGIS destroyer, which included replacing more than 550 tons of steel on the exterior plating and installing major upgrades.

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- ONE WEEKEND ONLY -

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Saturday
20 April, 2002
9:00 AM-4:00 PM

Sunday
21 April, 2002
10:00 AM-3:00 PM

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